

A Drug-Free Approach to Healthcare - Revised Edition (Paperback)



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Reviews

Excellent electronic book and helpful one. It usually does not cost a lot of. I am quickly will get a pleasure of reading through a written publication.
(Bernardo Feeney Jr.)

A DRUG-FREE APPROACH TO HEALTHCARE - REVISED EDITION (PAPERBACK)



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Soaring Heights Pub., United States, 2006. Paperback. Book Condition: New. Revised ed.. 287 x 213 mm. Language: English . Brand New Book ***** Print on Demand *****.In his first of several books in The Soaring Heights Series, Dr. David W. Tanton, Ph.D. speaks from a wealth of experience and decades of research in the area of disease prevention and longevity, using only natural supplements and therapies. **A Drug-Free Approach To Healthcare - Disease Prevention Not Symptoms Suppression** (now in its 2007 Revised Edition) provides in-depth explanations, (not just generalities), and most importantly, in simple terms that we can all understand. Dr. Tanton explains the many risks associated with some of the most widely prescribed medications on the market, and points out how many critical nutrients each medication depletes as well. Dr. Tanton explores natural plant and herbal extracts that contain a variety of benefits that have been proven to provide an overall increase in health and energy levels, as well as a much greater potential for longevity and quality of life. Combining these holistic methods, Dr. Tanton is able to provide preventative measures and remedies for 18 common health ailments, including high blood pressure, high cholesterol, acid reflux disease, arthritis, and back pain. Detailed regimens are provided for each condition. **A Drug-Free Approach to Healthcare** also offers real life examples of Dr. Tanton s methods of treatment in case studies. In Mary Lou s story, for instance, Dr. Tanton takes you through her series of nine medications, one by one, and explains how it all began with an inappropriate prescription for ProzacT for a common side effect associated with an undiagnosed thyroid condition (depression). He then shows you the typical domino effect associated with medications, and how the side effects associated with each medication often leads to one or more...



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