



# A Guide to Youth Sports for Parents and Coaches

By Jason Kelly

Amethyst Moon. Paperback. Book Condition: New. Paperback. 92 pages. Dimensions: 8.8in. x 5.9in. x 0.4in. This guidebook is written by a youth sports coach for those adults who coach and participate in youth sports. Author Jason Kelly apprenticed under some of youth sports top trainers and coaches, including AAU coaches and officials, US Soccer Federation trainers, and Olympic National Governing Organization captains, coaches, and athletes. He has been an active youth sports coach since 1994. His passionate belief that youth sports help to positively mold children has been the driving force behind his never-ending quest to become a better youth coach. Based on a framework Jason developed for coaching youth athletics, A Guide to Youth Sports for Parents and Coaches provides tools to ensure children receive the best possible sporting experience. Author Jason Kelly draws on nearly 20 years of hands-on experience as a coach, a professional instructor, a parent, and a student of the art and science of coaching. He has an Under-13 Coaching Certification from the U.S. Soccer Federation, an A Instructors license from the International Sports Chanbara Federation, and was inducted into the Martial Arts Masters Hall of Fame. He holds black belts in karate, aiki-jujitsu, weaponry,...



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